



## Introductory Course for Parents, Carers and Foster Carers (online)

### Course description

This course is an online self-directed course designed to provide Parents, Carers and Foster Carers a basic understanding of how to support an individual with a diagnosis of Autism and Behaviours of concern using the PROACT-SCIPr-UK® Whole Approach, in addition there are some useful downloadable resources.

### Duration

Estimated time for completion – 3 hours This is a self-paced course which can be taken in your own time

### Target audience

Parents, Carers, and Foster Carers

### Pre-requisite knowledge and skills

None – just login and enjoy!

### Assessment method

There are no formal assessment requirements for this course.

### On completing this course learners will be able to:

- An introduction to the PROACT-SCIPr-UK® Philosophy
- What Challenges do You Face?
- What are behaviours that challenge?
- Understanding Behaviour
- Behaviour clues - Internal & External Antecedents
- The Behaviour Cycle
- The Law and Duty of Care
- Responding to Behaviour - Positive Behaviour Support / Proactive Strategies
- An Awareness of Proactive, Active and Reactive Strategies.
- Record and Plan – some suggestions
- Consider the environment - Supportive and Functional Environments
- Active Interventions
- Calming Techniques
- Gateways to Proactive Management
- Risk Assessment
- Helpful resources

For further information please contact us:

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